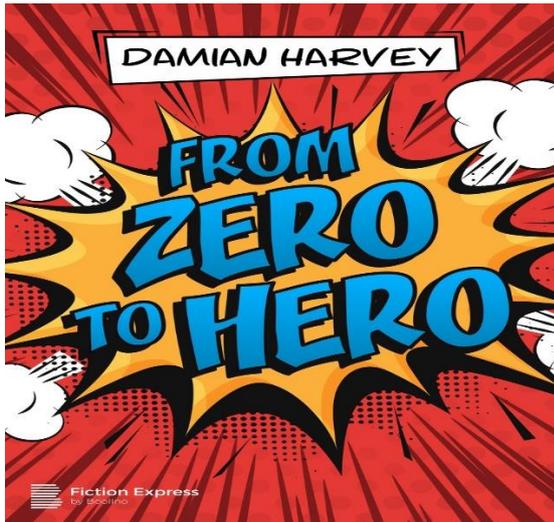


Week 28 Courage

ZERO to HERO: ‘All of us, no matter who we are, or how insignificant we may think we are, has the potential to be a hero’ It is sometimes hard to stand firm, be brave, show courage when everything around us causes us to be worried or scared.



Throughout the Bible though, we are told that God will be with us, always, and therefore, we should be able to conquer our fears. God commands us to have courage, having faith and confidence in Him.

John 15:13-17(NRSV)

“No one has greater love than this, to lay down one’s life for one’s friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. You did not choose me, but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another.

Jesus talks about having the courage to put others first; we are called to show love for others. Sometimes though, this might put us at risk and Jesus

says it is the greatest love (and the greatest courage) that leads us to be willing to put the lives of others before our own.



What do these pictures make you think of?

- How do they demonstrate qualities of courage or lack of?
- How are the qualities of hero and superhero different? Or are they?

WATCH: What is courage? A short video with some intriguing thoughts about what courage may look like.

https://www.youtube.com/watch?v=QlfEiLvxC0Y&disable_polymer=true

Discuss with your form what you think courage is! And how might we have to show courage in the future, after all we have been through.

Listen to this clip

“Heroes” by David Bowie - sung by the Coach Choir

https://www.youtube.com/watch?v=D00kAtg9dRw&disable_polymer=true

Over 6000 strangers from 45 countries submitted a video in 3 days to sing 1 song. It is dedicated to all the frontline heroes who are keeping us safe during the Covid-19 global pandemic.

PRAY: Heavenly Father, help us to be courageous people in our homes, neighbourhoods, and places of work. Please help us to be people that seek to do good even when no-one is looking. Please help us to show courage even in the most difficult of times. Amen