

PE Options: Course Selection Evening

Mr Connolly – Head of PE
Tuesday 12th March 2019

PE Options: From September 2019

- Traditionally all students at Bury CE High School took AQA GCSE PE.
- AQA CGSE PE has now become a very **ACADEMIC SUBJECT** with a large focus on theory of 70% – **it is a difficult course.**
- A number of students currently doing AQA GCSE PE are really struggling with the theory element of the course with some struggling with the practical element of the course.
- Therefore we will now offer 2 PATHWAYS in PE in order to help every child who takes a PE Option **to do as well as they possibly can.**

PE Pathways

- All students who choose the PE Option will complete 1 year of AQA GCSE PE theory and practical.
- At the end of Year 9 all students who have chosen the PE Option will complete a GCSE PE written exam on what has been covered over the academic year. This will be based on Paper 1.
- **Academic performance and practical performance will be assessed at the end of Year 9 to decide which PE PATHWAY IS BEST SUITED TO EACH INDIVIDUAL CHILD.**

PE Pathways

Pathway 1

Students who achieve a Grade 5 or above in AQA GCSE PE by the end of Year 9 will continue this pathway of AQA GCSE PE into Year 10 and Year 11.

Pathway 2

Students who do not achieve a Grade 5 by the end of Year 9 in AQA GCSE PE will change to a OCR Cambridge National in Sports Studies. This is a vocational and practical course and is more accessible than AQA GCSE PE.

Please note a Grade 5 in theory is currently 53%.

AQA GCSE PE: Pathway 1

60% Theory: 2 x Exams in Year 11.

10% Coursework: Analysis and
Evaluation of a
Sport.

30% Practical: 3 x Sports.

Theory

60% Overall of Final Grade

30% for Paper 1: 1 Hour 15 Minutes Exam in Yr 11.

- Paper 1 = 78 Marks.
- Grade boundaries set to increase by a minimum of 4% this year.

30% for Paper 2: 1 Hour 15 Minutes Exam in Yr 11.

- Paper 2 = 78 Marks.
- Grade boundaries set to increase by a minimum of 4% this year.

Exam Questions

- Some multiple choice questions.
- Some short questions.
- Some extended questions: 2 x 6 mark questions and 2 x 9 mark questions.
- **The READING AGE of both GCSE PE papers is high.**
- **A lot more GCSE PE A-LEVEL content has been included.**

Paper 1

- Applied Anatomy and Physiology – SCIENCE BASED WORK.
- Movement Analysis.
- Physical Training.
- Use and Interpretation of Data.

Paper 2

- Sports Psychology.
- Socio-Cultural Influences.
- Health, Fitness and Well-Being.
- Use and Interpretation of Data.

Practical Performance

- **1 x Individual Sport – needs to be played at a good to high standard.**
- **1 x Team Sport – needs to be played at a good to high standard.**
- **1 x Individual or Team Sport – must be played at a good to high standard.**

Practical Performance

- All sports chosen must be off the approved 'Department for Education' list.
- This is a streamlined version of sports for this new course.

Coursework

- Analysis and evaluation task.
- Worth 10%.
- Analyse the skill and fitness of a sport and suggest ways to improve skill and fitness in that sport.

Key Information: AQA GCSE PE – Pathway 1

- Must have a genuine interest in sport.
- Must play a number of sports at a good to high standard.
- Must be able to access the theory side of the course – this is strongly linked to A-Level PE and IS DIFFICULT. There is a lot of SCIENCE work involved.
- Must be committed to improving theory and practical grades.
- **MUST achieve a Grade 5 by the end of Year 9 in AQA GCSE PE. A Grade 5 in theory is currently at approximately 53%.**

Some Myths - GCSE PE

- It is not all practical and the majority of the course is theory and is classroom based.
- It is not an easy option – THIS IS A DIFFICULT COURSE.
- It is not GCSE Football, GCSE Netball or GCSE Basketball – you will cover a range of sports.

OCR Cambridge National in Sports Studies – Pathway 2

- This is a vocational course that is more accessible than AQA GCSE PE.
- This course will start in Year 10 and run until the end of Year 11.
- Students complete assessment tasks that are internally and externally assessed.
- Students can still achieve GCSE's of Grade 1 to Grade 9 but this course is the more accessible course.
- Sports Studies Award = 60 Guided Learning Hours.
- Sports Studies Certificate = 120 Guided Learning Hours.

Unit of Work 1 - COMPULSORY

RO51: Contemporary Issues in Sport

- Written exam that can be taken a second time
- 1 hour exam and 60 marks in total on the exam
- MUST be completed
- 30 Guided Learning Hours

Unit Outline: student will learn about topical and contemporary issues in sport, relating to participation levels and barriers, the promotion of values and ethical behaviour through sport and the role of high-profile sporting events and national governing bodies.

Unit of Work 2 - COMPULSORY

RO52: Developing Sports Skills

- Practically based unit and centre assessed
- 60 marks in total
- MUST be completed
- 30 Guided Learning Hours

Unit Outline: students will develop skills, techniques, tactics and strategies in an individual sport and a team sport. Students will develop their understanding of rules for different sports and develop their officiating skills.

Unit of Work 3 - Optional

RO53: Sports Leadership

- Practically based unit and centre assessed
- 60 marks in total
- Optional Unit
- 30 Guided Learning Hours

Unit Outline: students develop their leadership skills in sport to plan, deliver and evaluate leadership sessions.

Unit of Work 4 - Optional

RO54: Sport and the Media

- Theory based unit and centre assessed
- 60 marks in total
- Optional Unit
- 30 Guided Learning Hours

Unit Outline: students develop their understanding of the relationship between sport and the media. Students develop their understanding of the positive and negative impacts of the media.

OCR Cambridge National Score	GCSE Equivalent
Level 2 Distinction*	Between Grade 8 and Grade 9 (Approximately Grade 8.5)
Level 2 Distinction	Grade 7
Level 2 Merit	Between Grade 5 and Grade 6 (Approximately Grade 5.5)
Level 2 Pass	Grade 4
Level 1 Distinction	Grade 3
Level 1 Merit	Grade 2
Level 1 Pass	Between Grade 1 and Grade 2 (Approximately Grade 1.25)

WHY?

- Fun and Enjoyable
- Develop Skills in Sport
- Develop Team Work
- Develop Physical Fitness and Mental Well-Being
- Develop Socially
- Develop Knowledge and Understanding of the Theory of Sport
- Develop Resilience
- Develop Independent Learning
- Excellent Links to A-Level PE and Btec Sport
- **Employers and Further Education Establishments - Look for People with Sports Skills**

Any Questions?